

Ayurveda Wellness Services

Membership | \$65 Monthly

— Includes one monthly 60 min Ayurvedic Oil Massage (with no oil head massage)

* Save additional \$30 if paid full annual: \$750)

Most Favored Abhyanga Massage Therapy 90 min

80 min AYURVEDIC OIL MASSAGE (plus 10 min steam)

Member specials | Non-Member
\$89 \$125

NEW - Enhanced Therapies

Special Massage with
Pain Relief Herbal Oil



Special Aromatherapy
Massage



Available as an add on to any Ayurveda service
Member specials | Non-Member
\$ 10 \$ 25



NEW *Face Rejuvenation
oil massage - 45 min Face
massage with org oils, warm
towel steam and an herbal
face mask. (Available as
add on therapy to any
session)

Not a conventional facial.
\$25 Member price
(org \$50 Non-Member)

Most Popular Complete Shirodhara Therapy

120 min (2 hours)

90 min AYURVEDIC OIL MASSAGE (includes 10 min steam)
with Org Sesame oil plus Shirodhara (10 min)

Member specials | Non-Member

\$170 \$205

Sp. Oil Upgrade \$15 \$35

**Choose between - Dosha Oil, Pain Relief oil or Nourishing oil

Most Rewarded Panchakarma Healing Session (2 & 1/2 hours)

80 min AYURVEDIC OIL MASSAGE (plus 10 min steam)
followed by Shirodhara (10 min) with customized organic dosha
and therapeutic herbal oils.

Member specials | Non-Member

\$ 365 \$ 375

Special Face Marma Points
Oil Massage



Special Feet Bath with
Herbal Scrub.



NEW - Enhanced Therapies

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* Sessions include therapy time plus preparation regarding techniques involved. It is required to
come 15 min early to settle down, fill the paper work, changing into the robe and any questions that
needs to be addressed with administration or therapists. Prices subject to change. For detailed
services please check out our brochure. Late coming will affect reduced time of the therapy.
Please set aside 15 min for changing, relaxation time and for complementary soup and herb teas. All
sessions include generous applications of oils. We do not offer shower facility.
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